



TAC Cup

AFL Victoria Ltd. ABN 24 147 664 579

NORTH BALLARAT REBELS FOOTBALL CLUB

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Rebels Playing Squad & Staff Weekly Memo

It was an outstanding effort by the team at our last outing against the Eastern Ranges. We were able to put together our best 4 quarter performance and effort for the season where we were able to win by 93 points against a side that is 4th on the ladder. Credit to all players and staff who were apart of this great win.

We have an overnight trip coming up this weekend when we play Gippsland Power. All players and staff will leave on Saturday 15th August departing from Eureka Stadium at 2.00pm, and will stay overnight in Traralgon the night prior to our game.

The itinerary is attached to this memo.

Happy for players to travel in casual clothes in bus as it's a long travel and we want players and staff to be comfortable.

Please ensure you check the club's website each week to get your updated memo and watch the latest edition of Rebel TV and other news items. <http://www.therebels.com.au>

This week:

Tues 11th August: Training at Eureka Stadium @ 4.30pm (Ballarat based TAC and Rookie Players)

Wednesday 12th August: Roosters Training for Ballarat based Workers or Uni Students. 5:30pm Eureka Stadium

Thursday 13th August: Training at Eureka Stadium @4.30pm (Entire TAC CUP Squad)

Next Game Day: Sunday 16th August V Power

Venue: Morwell Recreational Reserve

TAC CUP Players / Staff Arrival: Departing Eureka Stadium at 2.00pm on Saturday 15th August. Arrive prior.

Game Time: Sunday 16th at 11.00am

Shorts: White Shorts

Socks: Black

Playing Squad Players are reminded to wear full Rebels uniform to each game whether selected or not. Uniform consists of Polo, Tracksuit or Shorts.

Next Week Training & Game

Tues 11th August: Training at Eureka Stadium @ 4.30pm (Ballarat based TAC and Rookie Players)

Thursday 13th Aug: Training at Eureka Stadium @4.30pm (Entire TAC Squad and ALL Rookie Players)

Training sessions will be held on Tuesday & Thursday nights each week. TAC CUP Regional Players to train with their local clubs on Tuesday Nights and travel down to Ballarat on Thursday nights to train with entire Rebels Squad.

No Thursday night training sessions will be held when we have Development weekends or Bye's.

In our Development Weeks / Bye's we encourage all Ballarat based Top Aged Players to train with the VFL Roosters at 5.30pm on the Wednesday nights.

REMINDERS

Rebels 2015 Presentation Day- will be held on **Sunday 18th October starting at 11.00am** at St Patrick's College, Ballarat. Booking information will be released shortly.

Please mark this date in your Planner.



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